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Dr. Briller is Associate Professor of Medicine (Cardiology) at the University of Illinois at Chicago where she is director of a clinic devoted to the prevention and treatment of heart disease in women and of the treadmill exercise laboratory. She is board certified in cardiology and echocardiography. She graduated from medical school from the University of Connecticut in 1981 after completing her M. Phil. in Anthropology at Yale University. She then went on to complete her residency in internal medicine at Northwestern University and her fellowship in cardiology at the University of Chicago where she subsequently served on the faculty before accepting a position at Loyola University and serving a stint in private practice. She joined UIC's faculty in 1998.

She has had a long interest in women's issues in cardiac disease, especially with regard to the more difficult diagnosis of heart disease in women, gender differences in risk factors, prevention and therapy of heart disease in women. She has special expertise in pregnancy in heart disease. She has been an active co-investigator for clinical trials addressing cardiovascular risk reduction in women. She has also served on advisory committees for the Sister to Sister Foundation and the Heart Truth Campaign. She is a spokesperson for the American Heart Association and a recent recipient of the Women with Heart Award from the American Heart Association for her contributions to that organization and her commitment to addressing cardiac issues in women.