

Martha Gulati MD, MS, FACC
Assistant Professor
Department of Medicine
Department of Preventive Medicine
Bluhm Cardiovascular Institute of Northwestern
Northwestern University
Feinberg School of Medicine

Martha Gulati, MD, MS, FACC, is associate director of the Center for Women's Cardiovascular Health at the Bluhm Cardiovascular Institute of Northwestern Memorial Hospital. She is an assistant professor of medicine and preventive medicine at Northwestern University's Feinberg School of Medicine. She is also the Lawrence E. and Nancy S. Glick Family Distinguished Physician in Women's Cardiovascular Health. Her exceptional commitment to the study of women and cardiac diseases has won her numerous awards and distinctions, including being named by *Crain's Chicago Business* as one of Chicago's "Top 40 under 40," a list that honors 40 outstanding individuals who have made a major impact in their respective industries before the age of 40.

Dr. Gulati is passionate about the study of women and heart disease with a specific interest in fitness and prevention. She is the principal investigator of the St. James Women Take Heart Project, a study examining cardiac risk factors in women, which set new standards for women's fitness levels. She is also the principal investigator of the STILETTO Study, a randomized trial of women with Cardiac Syndrome X. She also is a co-investigator on the Women Ischemic Syndrome Evaluation (WISE) and previously served as a co-investigator on the Women's Health Initiative (WHI). She is a co-author of the most recent guidelines published by the American Heart Association for heart disease prevention in women.

She is a member of numerous advisory boards and societies, including the American Heart Association and the American College of Cardiology. She has published numerous articles in peer-reviewed publications, including *The New England Journal of Medicine*, *Circulation*, and *Journal of the American Medical Association (JAMA)*. She also serves as a reviewer for several medical journals, including *Archives of Internal Medicine* and *JAMA*. Her research has been featured in hundreds of newspapers across the world, including *The New York Times* and *USA Today*. She has also been featured on *Oprah* and been in *Oprah Magazine*, *Fitness Magazine*, *CBS National News* and *NBC-5 Chicago*. She recently was listed on the Marquis 2009 *Who's Who in America*, *Who's Who in the World*, and *Who's Who in American Women*.

Dr. Gulati completed medical school at the University of Toronto, Canada in 1995. She went on to complete her internship, residency, and cardiology fellowship at the University of Chicago. She received a Master in Science at the University of Chicago and is a fellow of the American College of Cardiology. She is board certified in both internal medicine and cardiovascular disease.